



## DISCOUNTED TREATMENTS AVAILABLE TO SWIMMING CLUB (NSSC) MEMBERS

I am a BodyMaster® Practitioner and Sports Massage Therapist specialising in all type of muscular & skeletal dysfunctions, treating clients of all ages using a variety of proven techniques.

Based in Barlaston, my work with professional athletes often takes me around the world but I am pleased to offer discounted treatments to members of NSSC, a club I have been swimming with since 1988!

If you would like any further information or to book an appointment please get in touch on 07870 418768 or drop me an email at [iansmith.3rs@gmail.com](mailto:iansmith.3rs@gmail.com)

*Please note that anyone under the age of 18 should be accompanied for treatment by a parent/guardian.*

Why not take a look at my videos on YouTube – search Muscle Energy Techniques Ian Smith & Zara Bailey.