



NEWCASTLE (STAFFS) SWIMMING CLUB

4th WINTER OPEN MEET Level 3

Sunday 08th December 2019

Jubilee2 Pool, Brunswick Street

Newcastle-under-Lyme

ST5 1HG

LAST CHANCE FOR COUNTY TIMES

We have obtained Level 3 Licensing in order to give swimmers the opportunity to obtain County and Regional Qualifying Times and hope that by supporting this event you will achieve the success you strive for.

In addition to the programme of events we offer:

- ✓ **25m 8-lane competition pool**
- ✓ **Anti-turbulence lane ropes**
- ✓ **Top visiting club award**
- ✓ **Live Results posted on the web**
- ✓ **Entry lists published on the website**
- ✓ **Awards for top three swimmers in each age group**

For entries & further information, please contact the gala team

wintergala@newcastleasc.net



- Please, where possible enter electronically using the Sportsystems file , available from our website at newcastlesasc.net.
- Send entries and payment together with the team entry form (from this document) to wintergala@newcastleasc.net
- All clubs must provide one qualified official for every 10 swimmers they enter.

NEWCASTLE (STAFFS) SWIMMING CLUB
LEVEL 3 LICENSED WINTER OPEN MEET
(Under ASA Laws and ASA Technical Rules of Swimming)

Sunday 08th December 2019

Jubilee2 Pool, Brunswick Street, Newcastle-under-Lyme, ST5 1HG

Meet Conditions and Rules

1. The competition will be held under ASA Laws and ASA Technical Rules of Swimming and the event is **LICENSED** by the ASA for entry into County and Regional Championships. Officials will be from National and Regional lists of the ASA.

The ASA License number is 3WM192034

2. **(Level 3)**

3. Age as at **08th December 2019**

4. The events are:

50m	All 4 Strokes	All Age Groups
100m	All 4 strokes	All Age Groups
200m	Freestyle only	All Age Groups
100m Individual Medley	All Age Groups	
200m Individual Medley	All Age Groups	

5. The age groups are

9/10yrs, 11yrs, 12yrs, 13yrs, open

6. All events are heat declared winner.

7. Awards will be given to the top 3 placed swimmers in each age group in each individual event. There will be no presentations. Awards can be collected from the award collection point when the results have been announced. Awards will not be sent out after the completion of the event.

8. In addition to the individual awards there will be a Top Visiting Club Award calculated by means of a finish position points scoring system.

9. Heats will be swum with all age groups combined and swimmers seeded by entry times. All heats will be spearheaded.



10. Over the top starts may be used at the promoter's discretion.
11. Pool length is 25m (8 lanes) and is equipped with electronic timing and anti-wave lane ropes. All events start and finish at the deep end of the pool.
12. **Entries** will be on a **first come first served** basis with the final date for entries being **11th November 2019**. **We ask that you try to use electronic entry where possible (see 14 below).**
13. **All entries:** Entry times should be converted to 25m pool times. Entries will only be accepted from swimmers who are below the published Upper Cut-off Times (see attached). Entries with no time will not be accepted. No entries will be accepted after the closing date (11/11/19) or during the meet unless due to promoter's error or omission. All paper entries must be on the official form (photocopies accepted) and must include the entrants ASA Identity Number together with all entry fees (see 15 below). All clubs must provide one qualified official for every 10 swimmers they enter.
14. **Entries completed electronically must be submitted by email to the entry secretary**, please follow guidelines and entry files which can be found on our website. <https://www.newcastleasc.net/>. **Please remember to also email the relevant team or individual entry form (see attached) with your entry file.**
15. **Entry Fees:** The entry fee is £6.00 per event (cheques): club entries completed electronically attract a discounted entry rate of £5.50 per event. Payment by **BACS transfer** if possible. If paying by cheque there will be a £15 admin fee per club.
16. Once each event is fully subscribed, any further entries received for those events will be rejected. Confirmation of entries will be posted on <http://www.newcastleasc.net>. As soon as possible after the closing date.
17. This will be a card-less meet. No cards will be issued prior to the event; the confirmation of entry will be posted on the Club's website (<http://www.newcastleasc.net>). **Please check this for accuracy and contact the promoter if any alterations need to be made.**
18. Competitors must 'register' for **each event** entered. Registration closes 20 minutes after the commencement of warm-up for each session.
19. Competitors **must** report to the Competitors Stewards when called. Any competitor not reporting on time for their event may be excluded from that event.
20. Competitors will only be allowed on poolside for the session in which they are competing and will only be allowed in the spectator area if wearing appropriate clothing and footwear.
21. There is no photography or filming allowed in the spectator gallery.
22. **Coaches' passes** will be issued at a cost of £5- this covers the whole day without food. Passes must be purchased when submitting entries, they will not be available on the day. Passes must be worn at all time whilst on poolside and all wearers **must** have a valid DBS certificate.
23. **No person will be allowed on poolside without a pass.** Only competing swimmers and officials will be allowed in the area behind the starting blocks at the deep end of the pool during the event.
24. All coaches & poolside helpers require a valid and up to date DBS certificate and ASA number, these can be checked.
25. **Withdrawals:-** Swimmers **must** withdraw from events that they no longer wish to swim. All swimmers informed of having accepted entries will be deemed as competing unless they have informed the promoter that they do not wish to swim.
26. Withdrawals should be made via email to the Entry Secretary by midnight on Wednesday 5th December, 2019 stating the event number, full name, date of birth, entry time and club.
27. **On the day withdrawals must** be made by coaches or the club representative **45 minutes prior** to the start of the first event in each session. Withdrawal forms will be included in the coach packs, completed forms should be given to the meet promoter or assigned volunteer via the poolside desk.



28. Swimmers failing to attend the start of a heat without withdrawing may incur a £10 penalty, which must be paid by the swimmer or the club before the swimmer is allowed to participate further in the meet.
29. Refunds are not available for withdrawals, other than for medical reasons.
30. Any competitor that withdraws on medical grounds will not be able to participate in any events for the remainder of that session.
31. Result sheets will be posted on poolside and the spectator area on the day and will be available to download from <https://www.newcastleasc.net> after the event.
32. Spectator entry is with identifying band or badge which must be worn at all times and shown on re-entry to the spectator area. Spectator admission charges are:
 - One session £3.00
 - Two sessions £5.00
 - Programme** £2.00 (or available FoC to download electronically)
33. Newcastle (Staffs) Swimming Club, Jubilee2 staff or management shall not be held responsible for loss or damage to spectator's or competitor's property. Competitors are advised to use the lockers in the changing rooms and must not leave belongings unattended.
34. Anything not covered in the above rules will be at the discretion of the promoters.

Promoter: Sue Twardochleb

wintergala@newcastleasc.net





Newcastle Staffs 4th Winter open meet

Sunday December 08th 2019

Provisional Programme :

Subject to Change : Starts & Warmups TBC:

Event	Session One	Event	Session Two
101	100m I.M -Girls	201	100m I.M -Boys
102	200m I.M -Boys	202	200m I.M -Girls
103	200m Free– Girls	203	200m Free– Boys
104	50m Back – Boys	204	50m Back – Girls
105	50m Free -Girls	205	50m Free -Boys
106	100m Free – Boys	206	100m Free – Girls
107	100m Fly -Girls	207	100m Fly -Boys
108	50m Fly -Boys	208	50m Fly -Girls
109	50m Breast – Girls	209	50m Breast – Boys
110	100m Back-Boys	210	100m Back-Girls
111	100m Breast-Girls	211	100m Breast-Boys

Any problems please contact our promoter:





Newcastle (Staffs) Winter Open Meet CUT OFF TIMES

NOT faster than

Boys					Event	Girls				
9/10	11yrs	12yrs	13yrs	Open	Event	9/10	11yrs	12yrs	13yrs	Open
32.0	30.0	29.0	27.0	24.5	50 Free	32.8	31.3	29.9	28.9	26.5
1.10.0	1.06.0	1.02.5	58.0	53.1	100 Free	1.12.0	1.07.0	1.03.5	1.01.9	57.2
2.32.0	2.23.0	2.14.4	2.07.5	1.57.4	200 Free	2.33.0	2.24.0	2.16.0	2.10.0	2.05.3
40.0	39.0	36.1	33.7	29.9	50 Breast	42.0	39.9	37.9	35.8	33.6
1.30.8	1.24.0	1.15.3	1.12.2	1.05.1	100 Breast	1.32.5	1.25.0	1.21.0	1.17.9	1.12.8
35.4	33.1	31.5	30.0	25.8	50 Fly	36.0	34.0	32.0	31.0	28.1
1.21.6	1.14.4	1.09.0	1.03.2	57.0	100 Fly	1.22.0	1.15.0	1.10.0	1.07.0	1.02.0
36.8	34.5	32.6	30.4	27.5	50 Back	37.0	35.0	33.0	32.0	29.8
1.20.0	1.13.9	1.08.0	1.04.5	58.3	100 Back	1.21.0	1.15.0	1.10.5	1.08.0	1.04.2
1.19.5	1.14.0	1.09.5	1.04.0	1.00.0	100 IM	1.20.0	1.17.0	1.14.0	1.11.0	1.06.0
2.50.0	2.40.0	2.30.0	2.20.0	2.08.0	200 IM	2.54.0	2.43.0	2.34.0	2.29.0	2.20.0

Age as 08 December 2019



Individual Swimmer Entry Form

If making multiple paper entries please also complete the Team Entry Form. Completed forms to:

The Entry Secretary, wintergala@newcastleasc.net

ENTRY DEADLINE: MIDNIGHT 11th November 2019

We ask for this information for the sole purpose of entering and participating in the swimming event. It will be held securely by club officials running the event. Forms and information (including electronic information in the race computer) will be erased /destroyed once the event is completed and results verified (ordinarily within 7 days after the events completion). Please note that electronic files containing swimmer results will be securely sent to British swimming/ Results & Rankings.

First Name:		Surname:	
Male or Female:		Phone Number	
DOB (dd/mm/yy):		Email:	
Club:		ASA Reg. No	

Age as of 08th December, 2019 _____ Yrs. old

Event	Time (you will only be entered for races with bona fide QTs within the stated cuts)	Fee @£5.50 / event for BACS @£6.00 / event for cheque
50m Freestyle		£
100m Freestyle		£
200m Freestyle		£
50m Breaststroke		£
100m Breaststroke		£
50m Butterfly		£
100m Butterfly		£
50m Backstroke		£
100m Backstroke		£
100m Individual Medley		£
200m Individual Medley		£

Coach Passes @ £5.00 each (no food) (state names & DBS below) for multiple paper entries use team entry form	£
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Payment by cheque + £15.00	£
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TOTAL	£
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Payment Method (tick and complete): BACS Ref: _____ Cheque(+£15.00) Cheque No: _____

BACS to SC: 60-01-12; **AC:** 93131860 **Ref:** "name+WG" **Cheques (payee)** Newcastle(Staffs)ASC

I consent to use of the information and declare that the above particulars are correct and that this swimmer is an eligible competitor in accordance with the requirement of British Swimming and will abide by the conditions laid down by the promoters for this competition.

Signature of Competitor/ representative: _____ **Date:** _____

Coach Pass Details:

Name	DBS Number



Team Entry Form

Please: Complete to accompany either electronic or (multiple) individual paper entry and Email to the entry secretary; wintergala@newcastleasc.net

Use BACS Payments, where possible; Electronic Entries @discounted rate of £5.50/swim; Paper Entries @ £6.00/swim

Cheques are acceptable. However, because of the associated processing time and cost' we charge @ £15.00 administration fee

Club Details:

Closing date 11th November 2019 Age as 08th December 2019

Club Name:			
Contact Name:			
Postal Address:			
Email Address:			
Contact Tel' No:			
If using individual paper entries, please state number of individual forms forwarded			

Entry Details:

Please note no entries will be processed until full payment is received

Items	Rate	No 's	Cost
Swims total Electronic	@ £5.50 per event		£
Swims total Paper	@ £6.00 per event		£
Coaches Pass <small>(state names & DBS below)</small>	@ £5.00 per pass (no food)		£
*Pay BACS <input type="checkbox"/>	@ £0.00		£
**Pay Cheque <input type="checkbox"/>	@£15.00		£

TOTAL £

Payment Method (tick and complete): *BACS Ref:

**Cheque Cheque No:

BACS to SC: 60-01-12; **AC:** 93131860 **Ref:** "your club name"

Cheques (payee) Newcastle(Staffs)ASC

Coach Pass Details:

Name	DBS Number



Newcastle (Staffs) Swimming Club
LICENSED WINTER OPEN MEET Level 3
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Officials

Are you an official registered with the ASA? Are you willing to volunteer or officiate at our open meet?

Your help would be very much appreciated.

(Refreshments will be provided and payment for travel expenses will be offered)

If you are able to assist please complete the form below and return it by 11th November 2019 to:

wintergala@newcastleasc.net

Position	Session 1	Session 2
Referee	Yes / No	Yes / No
Starter	Yes / No	Yes / No
Judge II	Yes / No	Yes / No
Judge I	Yes / No	Yes / No
Timekeeper	Yes / No	Yes / No

Your details please: (alternatively use our online form at <https://www.newcastleasc.net>)

Name:	
Address:	
ASA Registration No:	
Telephone Number:	
Club:	
Email address:	